

# Your Journey Towards Better Health



Apollo ProHealth is a personalised health check program, crafted by expert doctor and AI to capture your complete health status, predict risks and guide you on a path to wellness.

## Program Features

\*Applicable for all ProHealth Programs only



### Personalized health risk assessment

To identify your risk for health conditions



### Diagnostic evaluation

Laboratory and imaging tests to screen for the onset of any medical conditions & monitor response to treatment



### Physician consultations

To help you understand your health status and take proactive steps to improve clinical outcomes



### AI-powered predictive risk scores

To help you know if you are at minimal, moderate, or high risk of certain chronic conditions



### Path to wellness

Personalized guidance through app, messages, and health mentor calls



### Digital health record

Keeping all your health reports together



### Additional Benefit

30% discount on additional tests (if done within a week)

**Call Us: 077 028 2321**

**Apollo Hospitals  
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# Inclusions

|                                                                                                                                    | Apollo ProHealth Super | Apollo ProHealth Regal | Apollo ProHealth Platinum Program | Apollo ProHealth Comprehensive Senior Citizens Health Program | Apollo ProHealth Comprehensive Well Women Program | Apollo ProHealth Heart Program |
|------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------|-----------------------------------|---------------------------------------------------------------|---------------------------------------------------|--------------------------------|
|                                                                                                                                    | USD 120                | USD 220                | USD 600                           | USD 150                                                       | USD 160                                           | USD 140                        |
| Prohealth Services                                                                                                                 |                        |                        |                                   |                                                               |                                                   |                                |
| First Review                                                                                                                       | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| Health Mentor Services                                                                                                             | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| Breakfast                                                                                                                          | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| History Taking                                                                                                                     | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| Sleep, Mind Health, Cognitive Function Assessment                                                                                  | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| AI Enabled Risk Scores                                                                                                             | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| Flexibility Strength and Balance Assessment                                                                                        |                        | ✓                      | ✓                                 |                                                               |                                                   |                                |
| Cardiac                                                                                                                            |                        |                        |                                   |                                                               |                                                   |                                |
| Lipid Profile: Serum Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides, Total Cholesterol : HDL Cholesterol Ratio | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| HS-Troponin-I                                                                                                                      | ✓                      | ✓                      | ✓                                 |                                                               | ✓                                                 | ✓                              |
| HS-CRP                                                                                                                             |                        |                        |                                   |                                                               |                                                   | ✓                              |
| Additional Cardiac health markers: Lipoprotein(A), Apolipoprotein A1, ApoLipoprotein B, Hs-CRP, Homocysteine, Plasma Fibrinogen    |                        |                        | ✓                                 |                                                               |                                                   |                                |
| ECG                                                                                                                                | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| 2D-Echo with Colour Doppler                                                                                                        |                        | ✓                      | ✓                                 | ✓                                                             |                                                   | ✓                              |
| Tread Mill Stress Test                                                                                                             |                        | ✓                      | ✓                                 |                                                               |                                                   | ✓                              |

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| General Health                          |                        |                        |                                   |                                                               |                                                   |                                |
| Hemogram                                | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| Blood Grouping and Typing (ABO and Rh)  |                        |                        | ✓                                 |                                                               |                                                   |                                |
| Vitamin B12 -Serum                      |                        | ✓                      | ✓                                 | ✓                                                             |                                                   |                                |
| Cancer Screening                        |                        |                        |                                   |                                                               |                                                   |                                |
| PSA - Prostate Specific Antigen (M)     | ✓                      | ✓                      | ✓                                 | ✓                                                             | ✓                                                 | ✓                              |
| PAP Smear (F)                           | ✓                      | ✓                      | ✓                                 |                                                               | ✓                                                 |                                |
| Mammography (F)                         |                        | ✓                      | ✓                                 | ✓                                                             | ✓                                                 |                                |
| Gut Health                              |                        |                        |                                   |                                                               |                                                   |                                |
| Stool Routine                           | ✓                      | ✓                      | ✓                                 |                                                               | ✓                                                 |                                |
| Stool Occult Blood                      |                        |                        |                                   | ✓                                                             |                                                   |                                |
| Musculoskeletal                         |                        |                        |                                   |                                                               |                                                   |                                |
| Vitamin D Total (25-OH-D3 and 25-OH-D2) |                        | ✓                      | ✓                                 | ✓                                                             |                                                   |                                |
| X-Ray both Knees AP and LAT             |                        |                        |                                   | ✓                                                             |                                                   |                                |
| Dexa Hip and Spine                      |                        |                        | ✓                                 | ✓                                                             | ✓                                                 |                                |

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## Liver

Liver Function Test: Total Bilirubin, Conjugated Bilirubin, UnConjugated Bilirubin, Alkaline Phosphatase, AST (SGOT), ALT(SGPT), GGTP, Total Protein, Albumin, Globulin



Ultrasound Screening Whole Abdomen



## Renal / Kidney

Serum Creatinine/PLASMA



Serum Urea, Uric Acid/PLASMA



Serum Sodium, Potassium



Serum Chloride , Carbon dioxide (CO2)



Serum Calcium and Serum Phosphorus, Inorganic Serum



Urine Routine



Urine Albumin Creatinine Ratio



Uroflow Study (M & F)



Serum electrolytes



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## Infection and Viral Markers

Urine Culture and Sensitivity



HBsAg



Anti HCV III Generation



## Metabolic and Hormones

HbA1c



Glucose - Random / Fasting



Glucose - Post Prandial



TSH - Thyroid Stimulating Hormone



Free T4/T3 Serum



PTH - Parathyroid Hormone



## ENT

Pure Tone Audiometry



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## Respiratory

X-Ray Chest PA



Pulmonary Function Test



## Consultations

Diet Counselling



Consultation and Physical Examination by  
Internal Medicine



Consultation by Gynaecologist (F) /  
General Surgeon (M)



Consultation by Cardiologist



Consultation by Ophthalmologist /  
Optometrist



Consultation by Dentist



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M:Male | F:Female